


Thursday, 14 October 2021

ROOM A								ROOM B				ROOM C			
09:30 - 11:00	Dislocations of the shoulder region Moderators: Roman Brzóška, Tomasz Pardala, Joseph Tauro			09:30 - 11:00	Ankle osteoarthritis Moderators: Arkadiusz Wiatr, Andrzej Komor			09:30 - 11:00	New directions and mini-invasive procedures Moderators: Tomasz Piontek, Marcin Domżański						
09:30 - 09:42	Acute ACJ dislocation - why, when and who should be treated operatively	Sebastian Żabierek	09:30 - 09:42	Etiology and pathogenesis of ankle arthritis - treatment possibilities.	Arkadiusz Wiatr	09:30 - 09:42	Endoscopic treatment of cysts and other periarticular pathologies.	Michał Ebisz							
09:42 - 09:54	Chronic ACJ dislocation - why, when and who should be treated operatively	Michał Śledzik	09:42 - 09:54	OCD	Urszula Zdanowicz	09:42 - 09:54	Novel techniques of biological enhancement of meniscal healing.	Kinga Ciemniowska-Gorzela							
09:54 - 10:06	Sternoclavicular dislocation - how to treat?	Adam Kwapisz	09:54 - 10:06	Large chondral lesions - joint preserving possibilities.	Bogusław Sadiłk	09:54 - 10:06	Arthrodiastasis - is there a chance for knee joint regeneration?	Konrad Słynarski							
10:06 - 10:18	Chronic sternoclavicular dislocation as an effect of other shoulder pathologies.	Henryk Noga	10:06 - 10:18	Open ankle arthrodesis.	Tomasz Biemek	10:06 - 10:18	Minimally invasive reconstruction of severe Achilles tendon tears offers full return to sports.	Paweł Bąkowski							
10:18 - 10:30	Pathophysiology of the first time anterior shoulder dislocation - treatment recommendations.	Roman Brzóška	10:18 - 10:30	Arthroscopic ankle arthrodesis.	Andrzej Warzocha	10:18 - 10:30	Osteoarthritis markers. Possibilities of osteoarthritic changes progress modification.	Kamila Bąkowska-Zywiecka							
10:30 - 10:42	Dislocation of the shoulder bone defects - algorithm for	Tomasz Pardala	10:30 - 10:42	Total ankle arthroplasty.	Andrzej Komor	10:30 - 10:42	3D biological printing in tissue regeneration - cell culture.	Jakub Rybka							
10:42 - 10:49	Long Head Biceps Tendon as Superior Capsular Reconstruction (LHBT-SCR) augmentation for massive rotator cuff repair - "The Chinese and Polish (Podlasie's) Way" from our own experience. (COMPETITION WORK)	Robert Pelka	10:42 - 10:54	Mini-battle	PANEL	10:42 - 10:54	Place of nanoscopy in ankle joint arthroscopy.	Gino Kerkhofs ON-LINE							
10:49 - 11:00	Discussion		10:54 - 11:00	Discussion		10:54 - 11:00	Discussion								
11:00 - 11:20	Coffee break														
ROOM A				ROOM B				ROOM C							
11:20 - 12:50	Osteotomies I - HTO/DFO/PFO Moderators: Łukasz Luboiński, Jerzy Cholewiński			11:20 - 12:50	Children - most common pathologies related to joint laxity Moderators: Ryszard Bielał, Bogusław Rydzak			11:20 - 12:50	Meniscus Moderators: Urszula Zdanowicz, Sebastian Krupa						
11:20 - 11:32	Femoral osteotomies	Juliusz Dec	11:20 - 11:32	Joint hypermobility - current classification and clinical implication	Adrian Błasiak	11:20 - 11:30	Techniques of suturing the meniscus. <i>Lecture under the patronage of Stryker</i>	Urszula Zdanowicz							
11:32 - 11:44	How to determine the level of osteotomy?	Łukasz Bialek	11:32 - 11:44	Multidirectional shoulder instability (MDI)	Tomasz Guszczyn	11:30 - 11:43									
11:44 - 11:56	Proximal fibular osteotomy - who is it for and how does it work?	Łukasz Luboiński	11:44 - 11:56	Posterior shoulder instability - operation or rehabilitation?	Adrian Błasiak	11:43 - 11:56	Acute and degenerative meniscal lesions treatment: questionnaire results among PTArthro members.	Paweł Bąkowski							
11:56 - 12:04	Complications of the proximal tibial osteotomy	Jerzy Cholewiński	11:56 - 12:08	Patellar instability in growing patients - operative treatment possibilities	Michał Walczak	11:56 - 12:09	Meniscal extrusion - serious clinical problem.	Patryk Ulicki							
12:04 - 12:11	Osteotomies around knee with PSI. Precision assessment in own material. (COMPETITION WORK)	Andrzej Mioduszeński	12:08 - 12:20	Idiopathic pes planovalgus - diagnostics and treatment	Andrzej Grzegorzewski	12:09 - 12:22	Posterior root lesion treatment.	Robert Śmigielski							
12:11 - 12:23	What can we expect from osteotomy and how much can we obtain?	Rafał Kamiński	12:20 - 12:32	Arthrodesis - operative treatment tactics	Paweł Jasiński	12:22 - 12:35	Supplying horizontal damage.	Marcin Tomaszewski							
12:23 - 12:35	Deflexive osteotomy	David Dejour ON-LINE	12:32 - 12:50	Discussion		12:35 - 12:50	ESSKA consensus in meniscal lesions treatment.	Radosław Grabowski							
12:35 - 12:50	Anatomical dissection - HTO	Łukasz Luboiński					Problematic menisci I have encountered. Discussion.	Urszula Zdanowicz							
12:50 - 13:45	Lunch break and visiting exhibition stands														
ROOM A															
13:45 - 14:55	General Session - Official Opening of Congress														
13:45 - 14:00	Opening of the Congress	Maciej Kentel													
14:00 - 14:15	Speech of City Representatives														
14:15 - 14:30	Inaugural Lecture	Konrad Malinowski													
14:30 - 14:55	Mysterious city. Wrocław as a literary space.	Marek Krajewski <i>Special Guest</i>													
15:00 - 16:30	Shoulder tendons from a special perspective Moderators: Przemysław Lubiatowski, Michał Śledzik, Paolo Arrigoni														

15:00 - 15:10	Arthroscopic treatment of glenoid fractures	Bartłomiej Kordasiewicz
15:10 - 15:20	Arthroscopic treatment of greater tubercle fractures	Roman Brzóška
15:20 - 15:30	Damage to the LHBT complex.	Paolo Arrigoni
15:30 - 15:40	Subscapularis tendon reconstruction - technique.	Adrian Błasiak
15:40 - 15:50	Tendon release technique in reconstruction of the upper and posterior part of the rotator cuff. Sliding technique.	Joseph Tauro
15:50 - 16:00	SCR - reconstruction of superior capsule	Piotr Komiński
16:00 - 16:10	Os acromiale	Krzysztof Otwinowski
16:10 - 16:20	Lower Trapezius Transfer	Maciej Kiciński
16:20 - 16:30	Discussion	
16:30 - 16:45	Coffee break	
16:45 - 18:00	General Assembly	

Friday, 15 October 2021

ROOM A		ROOM B			ROOM C			ROOM D			ROOM E			
08:00 - 09:15	ICL 1 - shoulder basics Moderators: Maciej Kiciński, Marek Kulczyk	ICL 1	08:00 - 09:15	ICL 2 - Knee dislocations Moderators: Jerzy Cholewiński, Łukasz Luboiński	ICL 2	08:00 - 09:15	ICL 3 - Hand and wrist - from anatomy to arthroscopy Moderators: Witold Wnukiewicz, Paweł Nowicki	ICL 3	08:00 - 09:15	ICL 4 - Ankle joint - from anatomy to arthroscopy Moderators: Marcin Haduch, Mikołaj Wróbel	ICL 4	08:00 - 09:15	Sport injuries in children and adolescents Moderators: Marek Tramś, Jarosław Feluś	ICL 5
08:00 - 08:12	Anatomy of the shoulder	Katarzyna Kwas	08:00 - 08:10	Tactics in knee dislocations	Łukasz Luboiński	08:00 - 08:15	Wrist anatomy in arthroscopy	Joanna Forycka	08:00 - 08:12	Anatomy of the ankle joint	Maciej Maiński	08:00 - 08:13	Posttraumatic blood effusion of knee joint in children and adolescents - imaging, differential diagnosis and treatment	Marek Tramś
08:12 - 08:24	Pathoanatomy of the shoulder as seen by arthroscope	Marek Kulczyk	08:10 - 08:20	Treatment of acute posterolateral corner lesions	Jerzy Cholewiński	08:15 - 08:30	Wrist examination in posttraumatic and chronic cases	Krzysztof Korolczuk	08:12 - 08:24	Examination of the ankle joint in acute and chronic cases	Mikołaj Nawrocki	08:13 - 08:26	Osteochondral fracture in patellar dislocation - diagnostics and treatment	Bogusław Rydzak
08:24 - 08:36	Clinical examination of the shoulder	Jeff Abrams ON-LINE	08:20 - 08:30	Treatment of acute medial ligament complex lesions	Arkadiusz Koniarski	08:30 - 08:50	Wrist arthroscopy technique	Paweł Nowicki	08:24 - 08:36	Imaging of ankle joint pathologies	Bartosz Sarat	08:26 - 08:39	Intercondylar eminence fracture - classification, treatment, complications. Tips&tricks	Bartłomiej Kowalczyk
08:36 - 08:48	Posttraumatic shoulder pathologies - treatment and decision making algorithm	Maciej Kiciński	08:30 - 08:40	Treatment complications in knee dislocations	Maciej Kentel	08:50 - 09:05	Nanoscopy in area of the wrist	Witold Wnukiewicz	08:36 - 08:48	Portals in ankle joint arthroscopy	Grzegorz Klos	08:39 - 08:51	ACL lesions in growing patients	Ewa Tramś
08:48 - 09:00	Chronic shoulder pathologies - treatment and decision making algorithm	Adam Kwapisz	08:40 - 08:50	Treatment algorithm in knee dislocation	Katarzyna Herman	09:05 - 09:15	Discussion		08:48 - 09:00	Cases & treatment algorithm	Marcin Haduch	08:51 - 09:03	Characteristics of meniscal injuries in children and adolescents	Marcin Domżański
09:00 - 09:15	Discussion		08:50 - 09:00	Discussion					09:00 - 09:15	Discussion		09:03 - 09:15	Ankle joint instability in children and adolescents - diagnostics and treatment possibilities	Ryszard Bielak
			09:00 - 09:15	Anatomical dissection - PLC reconstruction using the LaPrade method	Łukasz Luboiński									
09:15 - 09:30 Coffee break														
09:30 - 11:00	Complications in arthroscopic procedures and surgery of the knee Moderators: Konrad Malinowski, Krzysztof Hermanowicz, Olivier Borens		09:30 - 11:00	Arthritis of the patellofemoral joint Moderators: Jacek Walawski, Maciej Pawlak, Peter Balcarek		09:30 - 11:00	Orthobiology Moderators: Krzysztof Ficek, Maciej Kentel, Elizaveta Kon		09:30 - 11:00	Physiotherapy - Patellofemoral joint tips and tricks Moderators: Anna Jarosz, Andrzej Kępczyński		09:30 - 11:00	O.R. Nurses' Session I Moderators: Renata Martynowska, Wioletta Bała	
09:30 - 09:42	Patella Baja – nightmare of the knee surgeon. Prevention, first and second surgical approach. Revision after revision...	David DeJour ON-LINE	09:30 - 09:43	Patellofemoral dysplasia and arthrosis	Jarosław Feluś	09:30 - 09:40	Stimulating factors in orthopedics, PRP in degenerative disease - facts and myths	Dawid Szwedowski	09:30 - 09:42	MPFL patients' profile	Martyna Jarońska	09:30 - 09:42	Femoroacetabular impingement in hip arthroscopy	Renata Martynowska
09:42 - 09:52	„Low grade infections” – hidden enemy of knee and around knee surgeries. What they could damage and how to treat them .	Olivier Borens	09:43 - 09:56	Treatment of cartilage lesions and PFJ facetectomy	Jacek Walawski	09:40 - 09:50	What is worth knowing about the hyaluronic acid hybrid? <i>Lecture under the patronage of IBSA</i> 	Marcin Domżański	09:42 - 09:54	Tips and tricks - optimisation of treatment strategy after femoral trochleoplasty in patellar instability	Alicja Fałara	09:42 - 09:54	What should we be ready for during hip arthroscopy	Sebastian Krupa
09:52 - 10:02	Can arthrofibrosis be prevented? Can it be completely cured?	Bogusław Rydzak	09:56 - 10:09	Unloading PFJ	Konrad Stynarski	09:50 - 10:02	Regenerative medicine technologies based on 3D printing and the use of stem cells	Krzysztof Pietryga, Rafał Bułdak	09:54 - 10:06	Influence of chondroplasty on arthrokinematics of patellofemoral joint	Dawid Bączkiewicz	09:54 - 10:06	Elbow arthroscopy	Wojciech Pindel
10:02 - 10:14	Complications and failures of multiligament reconstructions. How to avoid, how to fight with	Neil Jain ON-LINE	10:09 - 10:22	Surface implants	Maciej Pawlak	10:02 - 10:12	Biomaterials and Orthobiology	Wojciech Widuchowski	10:06 - 10:18	Rehabilitation program after chondral reconstruction in patellofemoral joint	Ewa Kunik	10:06 - 10:18	What should we be ready for during elbow arthroscopy	Kajetan Starzyk
10:14 - 10:24	Total arthroscopic posterior capsulotomy in permanent knee flexion contracture. Initial assessment of treatment results	Michał Ebisz	10:22 - 10:35	TKA and the patellofemoral joint	Paweł Skowronek	10:12 - 10:22	Stem cells in the treatment of osteoarthritis	Arkadiusz Janusz	10:18 - 10:30	Functional failure after MPFL reconstruction - what could have gone wrong? A case presentation assessing possible failures on the part of the physiotherapist, patient and doctor.	Joanna Kowalska	10:18 - 10:30	Shoulder arthroscopy	Magdalena Grajewska
10:24 - 10:36	Are there complications not caused by the surgeon in osteomies around the knee? Technical, indicational and other. How to deal with them	Olivier Borens	10:35 - 10:48	PFJ arthroplasty in 2021	Peter Balcarek	10:22 - 10:34	Biologic injections for OA	Elizaveta Kon	10:30 - 10:42	Current concepts in ACL rehab and return to play	Faraz Sethi	10:30 - 10:42	What should we be ready for during shoulder arthroscopy	Mateusz Patkowski
10:36 - 10:44	Consequences of improper physiotherapy after knee surgery	Sławomir Chomiak	10:48 - 11:00	Discussion		10:34 - 10:44	Quo Vadis Orthobiology?	Bogusław Sadlik	10:42 - 11:00	Discussion		10:42 - 11:00	Discussion	

10:44 - 10:52	Better not at all than wrong – orthotics after knee surgery	Monika Cybart			10:44 - 10:54	Usage of the autologous, cultured mesenchymal stem cells in Anterior Cruciate Ligament Repair and Cartilage lesions repair in knee joint in the animal model. Preclinical trial. (COMPETITION WORK)	Mikołaj Wróbel							
10:52 - 11:00	Discussion				10:54 - 11:00	Discussion								
11:00 - 11:30 Coffee break														
11:30 - 13:00	AANA session Moderators: Adam Kwapisz, Konrad Malinowski, Joseph Tauro		11:30 - 13:00	Cartilage Moderators: Wojciech Widuchowski, Bogusław Sadlik, Elizaveta Kon		11:30 - 13:00	Ankle sprains Moderators: Andrzej Mioduszewski, Katarzyna Herman		11:30 - 13:00	Physiotherapy II - Intra-articular lesions Moderators: Alicja Fařara, Maciej Biały		11:30 - 13:00	O.R. Nurses' Session II Moderators: Marta Arendarczuk, Monika Kwapisz	
11:30 - 11:42	Benefits of being an AANA International Member	Joseph Tauro	11:30 - 11:42	Is autologous cartilage and bone graft still an appropriate treatment for cartilage damage?	Bogusław Sadlik	11:30 - 11:42	Anatomy of the ankle joint and foot with elements of arthroscopic anatomy	Urszula Zdanowicz	11:30 - 11:43	ACL lesion - reconstruction or conservative treatment?	Maciej Biały	11:30 - 11:42	Arthroscopy of small and large joints using new devices - treatment techniques	Emilia Ryba
11:42 - 11:54	Shoulder instability treatment – AANA perspective	Jeff Abrams ON-LINE	11:42 - 11:54	Failures in the treatment of chondral and osteochondral lesions	Tomasz Piontek	11:42 - 11:54	Imaging diagnostics of the foot and ankle - what cannot we omit?	Juliusz Sroczyński	11:43 - 11:56	Physical preparation after ACL reconstruction - the most important aspects	Wojciech Kubasik	11:42 - 11:54	What do we need to be ready for during wrist arthroscopy	Maciej Starzyk
11:54 - 12:06	Arthroscopic knee contractures management	Konrad Malinowski	11:54 - 12:06	SONK of the medial femoral condyle - treatment options: from orthobiology to arthroplasty.	Paweł Skowronek	11:54 - 12:06	Ankle Sprain - what is there apart from ATFL?	Andrzej Mioduszewski	11:56 - 12:09	Return to sports after ACL reconstruction	Piotr Ciebiera	11:54 - 12:06	Implants used for ACL reconstruction	Magdalena Urbanik
12:06 - 12:18	Massive and unreparable cuff tears - AANA perspective	Joseph Tauro	12:06 - 12:18	Mesenchymal cells in the treatment of cartilage and osteochondral lesions	Konrad Stynarski	12:06 - 12:18	Arthroscopy in fractures around the ankle joint	Mikołaj Wróbel	12:09 - 12:22	Arthroscopic repair of menisci - when to load and how to do it safely	Leszek Czakiert	12:06 - 12:18	Different methods - one goal - ACL reconstruction techniques	Renata Martynowska
12:18 - 12:30	Return to sport after ACL reconstruction – AANA perspective	Neil Jain ON-LINE	12:18 - 12:30	Osteochondral Repair with Biomaterials	Elizaveta Kon	12:18 - 12:38	Posterior ankle arthroscopy. Tips&Tricks	Gino Kerkhoffs ON-LINE	12:22 - 12:35	Changes in proprioception after suturing the meniscus	Kinga Żmijewska	12:18 - 12:30	Multi-ligament injuries as a treatment challenge for a O.R. nurse	Emilia Ryba, Marzena Janus
12:30 - 12:42	Hip instability arthroscopic management	Jacek Mazek, Maciej Gnatowski	12:30 - 12:42	Autologous chondrocyte transplant. When and for whom to apply?	Wojciech Widuchowski	12:38 - 12:48	Surgical repair of OCLT using BIOR: Clinical outcomes after treatment using a medial malleolar osteotomy approach compared to an arthroscopically-assisted approach with mean follow up 4 years (COMPETITION WORK)	Mikołaj Podsiadło	12:35 - 12:48	Meniscectomy and physiotherapy - comparison of results	Adam Michoński	12:30 - 12:42	What do we need to be ready for during ankle arthroscopy	Maciej Starzyk
12:42 - 13:00	Discussion		12:42 - 12:50	One-stage reconstruction of cartilage defects in the knee joint with the use of autogenous cartilage transplant with PRP and MSC - assessment of early results	Robert Pelka	12:48 - 13:00	Discussion		12:48 - 13:00	Discussion		12:42 - 12:54	Use of implants in arthroscopy of small joints	Emilia Ryba
			12:50 - 13:00	Discussion								12:54 - 13:00	Discussion	
13:00 - 14:30 Lunch break and poster session														
ROOM A			ROOM B			ROOM C			ROOM D			ROOM E		
14:30 - 16:10	Osteotomies II - HTO/UKA/TKA Moderators: Paweł Skowronek, Mirosław Kulej, Roland Becker		14:30 - 16:00	Shoulder tendon lesions Moderators: Bartłomiej Kordasiewicz, Piotr Kominiak		14:30 - 16:00	Children - Pathologies characteristic for development age - diagnostics and treatment Moderators: Jarosław Feluś, Marek Tramś		14:30 - 16:00	Physiotherapy III - Shoulder and hip - conservative and postoperative treatment Moderators: Martyna Jarocka, Mateusz Romanowski		14:30 - 16:00	O.R. Nurses' Session III Moderators: Wioletta Bala, Renata Martynowska	
14:30 - 14:42	HTO osteotomy renaissance in knee degenerative changes	Juliusz Dec	14:30 - 14:40	HAGL - role in shoulder instability, how not to miss, how to treat, techniques	Jeff Abrams ON-LINE	14:30 - 14:42	Osgood-Schlatter disease - management and treatment	Urszula Zdanowicz	14:30 - 14:42	Arthroscopic vs. conservative treatment in the treatment of the shoulder joint impaction syndrome	Andrzej Kępczyński	14:30 - 14:42	Current guidelines for maintaining the antiseptics of the operating theater	Danuta Dalecka
14:42 - 14:54	The importance of osteotomy in knee instability	Roland Becker	14:40 - 14:52	Shoulder dislocations in the elderly.	Piotr Kominiak	14:42 - 14:54	Lateral discoid meniscus - diagnosis, classification and treatment	Łukasz Matuszewski	14:42 - 14:54	Conservative treatment of multidirectional shoulder instability - the current state of knowledge	Patryk Kłapoczek	14:42 - 14:54	Differentiation of surface changes on surgical instruments	Elżbieta Wala
14:54 - 15:06	Effect of HTO on the patellofemoral joint	Jacek Walawski	14:52 - 15:02	Partial damage to the rotator cuff.	Piotr Ogrodowicz	14:54 - 15:06	OCD of the knee joint in children and adolescents - diagnosis, classification and treatment	Tomasz Piontek	14:54 - 15:06	Techniques of manual therapy in physiotherapy after arthroscopy of the hip joint in professional athletes	Jakub Placzkowski	14:54 - 15:06	Surgery of a patient with COVID-19	Ewa Jarowicz
15:06 - 15:18	What's new in small knee implants?	Michał Skowronek	15:02 - 15:12	RC damage augmentation, natural vs. artificial "patch".	Przemysław Lubiatowski	15:06 - 15:18	Osteochondral lesions of the talus - diagnosis, management, treatment	Tomasz Polak	15:06 - 15:18	LHBT tendinopathy - how to deal with it?	Dominik Lubski	15:06 - 15:26	Nursing Responsibility Aspects	Dariusz Smereka
15:18 - 15:30	HTO or UKA in degenerative changes of the knee - the same or two different groups of patients?	Paweł Skowronek	15:12 - 15:22	Use of LHBT in massive rotator cuff damage.	Krzysztof Hermanowicz	15:18 - 15:30	Snapping hip - causes, diagnosis and treatment	Tomasz Guszczyn	15:18 - 15:30	Conservative treatment in the case of the femoroacetabular impingement syndrome	Łukasz Stółowski	15:26 - 15:38	Ergonomics in the work of an O.R. nurse	Elżbieta Wala
15:30 - 15:42	Lateral UKA - the other UNI.	Michał Skowronek	15:22 - 15:32	Tendon transfer options in patients with irreparable rotator cuff tear	Bassem Elhassan ON-LINE	15:30 - 15:42	Extraarticular, subspine femoroacetabular impingement - causes, diagnosis, differentiation and treatment	Bogusław Rydzak	15:30 - 15:42	Adductor related groin pain - planowanie i prowadzenie rehabilitacji w modelu evidence based practice	Artur Mohr	15:38 - 15:50	Orthopedic Surgeon - The perfect surgeon	Wioletta Bala
15:42 - 15:54	What's new in knee arthroplasty?	Roland Becker	15:32 - 15:42	Frozen shoulder and damaged rotator cuff - treatment algorithm	Jeff Abrams ON-LINE	15:42 - 16:00	Discussion		15:42 - 16:00	Discussion		15:50 - 16:00	The perfect O.R. nurse	Witold Wnukiewicz
15:54 - 16:06	Knee phenotype and axis and knee arthroplasty.	Mirosław Kulej	15:42 - 15:49	Massive and irreparable rotator cuff tears treated by arthroscopic partial repair and partial repair with long head of the biceps tendon augmentation. Comparison of clinical and radiological findings. (COMPETITION WORK)	Hubert Laprus									
16:06 - 16:10	Discussion		15:49 - 16:00	Discussion										
16:00 - 16:30 Coffee break														

16:30 - 18:00	Elbow - ligamentous injuries and post-traumatic changes Moderators: Krzysztof Otwinowski, Adam Kwapisz, Paolo Arrigoni		16:30 - 18:00	3D printing and PSI techniques in orthopedics Moderators: Tomasz Pardala, Andrzej Mioduszewski		16:30 - 18:00	Wrist arthroscopy Moderators: Pawel Nowicki, Pawel Reichert		16:30 - 18:00	Physiotherapy IV - Objective methods of functional evaluation of the musculoskeletal system Moderators: Aleksandra Królikowska, Lukasz Oleksy	
16:30 - 16:40	Clinical anatomy on cadaveric model and arthroscopy	Bartłomiej Juszcak	16:30 - 16:39	10 years of PSI experience in orthopedics - from arthroplasty to osteotomy	Tomasz Pardala	16:30 - 16:42	Indications for arthroscopy - diagnosis and symptoms	Amak Balabekyan	16:30 - 16:42	The most common errors in orthopedic care as the main cause of postoperative complications	Monika Cybart
16:40 - 16:52	A safe technique for the placement of portals	Krzysztof Otwinowski	16:39 - 16:48	PSI planning technique from the engineer's point of view	Jakub Piękoś	16:42 - 16:54	Arthroscopy in the treatment triangular cartilage complex lesions and instability of the distal radioulnar joint	Maciej Klich	16:42 - 16:54	Comparative analysis of tests assessing readiness to return to sport (RTS) on the example of footballers after ACL reconstruction	Aleksandra Królikowska
16:52 - 17:04	Arthroscopy in post-traumatic elbow instabilities	Paolo Arrigoni	16:48 - 16:57	Knee: HTO with PSI - how do I do it now after 100 treatments?	Robert Śmigieński	16:54 - 17:06	Arthroscopy in the treatment of wrist fractures and radius fractures	Pawel Nowicki	16:54 - 17:06	Use of the composite score index in assessing the readiness to return to sport after ACL lesion and reconstruction in athletes	Lukasz Oleksy
17:04 - 17:16	Distal attachment of the biceps tendon lesion repair	Henryk Noga	16:57 - 17:06	Osteotomies around the knee, triplane PSI	Michał Drwięga	17:06 - 17:18	Trapezoidectomy in arthroscopic technique or arthroscopy in OA of small joints of the hand	Witold Wnukiewicz	17:06 - 17:18	The use of simultaneous surface electromyography and ultrasound in the functional assessment of the hip joint	Artur Marszałek
17:16 - 17:28	Stiff Elbow After Injury - When Will I Use the Arthroscope?	Przemysław Lubiatowski	17:06 - 17:15	Wrist: PSI - so little space, lots of possibilities	Pawel Nowicki	17:18 - 17:30	Wrist arthroscopy in children and adolescents (COMPETITION WORK)	Kaja Giżewska-Kacprzak	17:18 - 17:30	Assessment of Achilles tendon reconstruction effects using biomechanical functional assessment	Bartosz Kiedrowski
17:28 - 17:40	Stiff elbow after an injury - when will I say enough?	Bartłomiej Kordasiewicz	17:15 - 17:24	Ankle joint: The Ankle PSI Factor - Science or Fiction?	Andrzej Komor	17:30 - 17:42	Nanoscopy in the diagnosis and treatment of the wrist	Pawel Reichert	17:30 - 18:00	Discussion	
17:40 - 17:52	Arthroscopic elbow osteocapsular arthroplasty as treatment of osteoarthritis in active patients under 60 years of age. (COMPETITION WORK)	Krzysztof Otwinowski	17:24 - 17:33	Shoulder: 3D thinking is a must	Pawel Surdziel	17:42 - 17:54	Mini-battle	PANEL			
17:52 - 18:00	Discussion		17:33 - 17:42	Next stop MIXED REALITY?	Przemysław Lubiatowski	17:54 - 18:00	Discussion				
			17:42 - 17:51	The dangers of PSI and 3D technicians from an enthusiast's eye	Andrzej Mioduszewski						
			17:51 - 18:00	Discussion							

Saturday, 16 October 2021

08:00 - 09:15	ICL 6 - ACL in children Moderators: Marcin Domżański, Urszula Zdanowicz	ICL 6	08:00 - 09:15	ICL 7 - Basic hip - from anatomy to arthroscopy Moderator: Arkadiusz Koniarski, Michał Drwięga	ICL 7	08:00 - 09:15	ICL 8 - PCL Moderators: Juliusz Dec, Bogusław Sadlik	ICL 8			
08:00 - 08:14	Children's ACL - introduction	Marcin Domżański	08:00 - 08:12	Qualification for arthroscopy - clinical examination and imaging. What cases are the best way to start arthroscopy?	Maciej Pawlak	08:00 - 08:12	Diagnostics of the posterior instability, associated lesions	Mariusz Smolik			
08:14 - 08:28	Child's knee anatomy	Przemysław Pękala	08:12 - 08:24	Preparation for surgery - tools, positioning, portals - anatomy and dangers	Michał Drwięga	08:12 - 08:24	Indications for conservative treatment and the qualification algorithm for PCL reconstruction	Bogusław Sadlik			
08:28 - 08:42	Growth and limb axis disorders after ACL reconstruction	Krzysztof Malecki	08:24 - 08:36	How to get to the hip? Central and perimeter access. Step by step. Differences, advantages and disadvantages	Patryk Ulicki	08:24 - 08:36	Posteromedial or maybe transeptal approach?	Jerzy Cholewiński			
08:42 - 08:57	Does the graft after ACL ligament reconstruction in children grows?	Lukasz Matuszewski	08:36 - 08:48	How to get to the hip from extracapsular approach	Arkadiusz Koniarski	08:36 - 08:48	PCL reconstruction - how to avoid problems?	Juliusz Dec			
08:57 - 09:11	Step-by-step trans-cartilage reconstruction in children ACL	Marcin Domżański	08:48 - 09:00	Standard procedure - cam resection, pincer, labrum repair	Jacek Mazek, Maciej Gnatowski, Robert Sankowski, Jakub Dziurzyński	08:48 - 09:00	PCL arthroscopic or inlay, single or double bundle, or maybe osteotomy?	Adam Pierzchała			
09:11 - 09:15	Discussion		09:00 - 09:12	Management after hip arthroscopy	Artur Marszałek	09:00 - 09:12	Conservative treatment, principles of rehabilitation and postoperative procedures.	Pawel Ślęczka			
			09:12 - 09:15	Discussion		09:12 - 09:15	Discussion				
09:15 - 09:30	Coffee break										
09:30 - 11:00	Patellar instability Moderators: Jarosław Feluś, Jacek Walawski		09:30 - 11:00	ACL Moderators: Maciej Kentel, Robert Śmigieński, Gernot Felmet		09:30 - 11:00	Standard hip - FAI, cartilage and labrum Moderators: Lukasz Paczesny, Piotr Jancewicz				
09:30 - 09:42	Decision making in patellar instability cases	Peter Balcarek	09:30 - 09:42	Anatomically Reconstruction ACL	Robert Śmigieński	09:30 - 09:44	Treatment of the femoral acetabular conflict - biomechanical basics	Szymon Gryckiewicz			
09:42 - 09:54	How to avoid troubles? Current concepts in MPFL reconstruction techniques.	Andrzej Grzegorzewski	09:42 - 09:54	ACL Reconstruction without material – how to do it anatomically	Gernot Felmet	09:44 - 09:58	Tips and tricks of atraumatic techniques in the hip	Kamil Graboń			
09:54 - 10:06	Distal realignment - an insight into technique and efficacy in the treatment of PFJ instability.	Jacek Walawski	09:54 - 10:10	Secondary restraints of the Knee , are they really important?	Etienne Cavaignac	09:58 - 10:12	Smart qualification is the base of success	Piotr Jancewicz			
10:06 - 10:18	Torsional deformities as a predictive factor for patellar instability and/or anterior knee pain	Lukasz Luboński	10:10 - 10:22	Combined Anterior Cruciate Ligament Reconstruction (ACLR) Revision and Double-Bundle Medial Collateral Ligament (MCL) and Posterior Oblique Ligament (POL) Reconstruction.	Etienne Cavaignac	10:12 - 10:26	Cam resection - methodical means effective	Michał Drwięga			
10:18 - 10:30	Fixed and habitual patellar dislocations. Surgical technique.	Jarosław Feluś	10:22 - 10:34	To do or not to do? Is there still a place for an artificial ACL ligament?	Neil Jain ON-LINE	10:26 - 10:40	Save the labrum	Lukasz Paczesny			

10:30 - 10:42	Does „good” always matters „good”? Critical analysis of the outcomes measure tools in patellofemoral instability cases and the results of polish adaptation of BPII 2.0 and NPI score.	Alicja Fafara	10:34 - 10:46	Save the „ACL” – Healing response, technique and results	Gernot Felmet	10:40 - 10:54	Rotator cuff injury - from diagnosis to treatment	Krzysztof Hermanowicz
10:42 - 10:49	Assessment of impact of quadriceps muscle contraction on Medial Patellofemoral Ligament (MPFL) length, with use of specifically designed magnetic resonance imaging sequences. (COMPETITION WORK)	Marcin Mostowy	10:46 - 10:53	Does the Posterior Condylar Angle (PCA) affect risk of ACL tear? An MRI based study in 18- 30 years old males. (COMPETITION WORK)	Michał Kanak	10:54 - 11:00	Discussion	
10:49 - 11:00	Discussion		10:53 - 11:00	Analysis Of The Blood Supply To The Femoral Attachment Of The Anterior Cruciate Ligament After Acl Injury (COMPETITION WORK)	Jędrzej Lesman			
11:00 - 11:30	Coffee break							
11:10 - 13:10	Guest Nation Session Moderators: Tomasz Piontek, Arkadiusz Wiatr <i>Session under the patronage of Smith&Nephew</i> 		11:30 - 13:00	MCL and PLC Moderators: Krzysztof Hermanowicz, Konrad Malinowski		11:30 - 13:00	Hip masters - extra-articular conflicts, tendons and complications Moderators: Jacek Mazek, Maciej Płończak	
11:10 - 11:25	Comparison of mid-term results after ACL reconstruction with autograft from peroneus longus muscle and patellar tendon (BTB).	Evgeniy Goncharov	11:30 - 11:42	Anatomy and diagnostics of MCL and PLC failures	Adrian Góralczyk	11:30 - 11:41	Beyond the limits of arthroscopy - possibilities for reconstructive treatment in complex deformities of the proximal femur and pelvis	Jarosław Feluś
11:25 - 11:40	My experience in meniscus repair (meniscus root repair)	Nikolay Gnelitsa	11:42 - 11:54	MCL - repair of acute lesion, reconstruction possibilities. MCL and other procedures.	Marcin Mostowy	11:41 - 11:52	Use of bone allografts in hip arthroscopy	Patryk Ulicki
11:40 - 11:55	Meniscus repair- is a fashion or a necessity ?	Yuri Glazkov	11:54 - 12:09	MCL reconstruction with anterior medial enhancement - step by step - the course of the procedure.	Konrad Malinowski	11:52 - 12:03	Osteoid osteoma of the hip - diagnosis and arthroscopic treatment	Arkadiusz Koniarski
11:55 - 12:10	Arthroscopic Latarjet Procedure: Analysis of learning curve and 8 years follow up results	Aleksandr Aleksandrovich Vetoshkin	12:09 - 12:19	Is MCL pie-crusting release correct? A joint attempt to evaluate the benefits and losses.	Konrad Malinowski, Katarzyna Herman	12:03 - 12:15	Complications after arthroscopy - how to avoid them?	Maciej Płończak
12:10 - 12:25	Massive RCR	Alexander Kopylov	12:19 - 12:33	Possibilities of PLC repair and reconstruction	Marcin Kuta	12:15 - 12:27	Use of arthroscopy in the treatment of AVN	Tomasz Pardała
12:25 - 12:40	Pseudoarthrosis of the navicular bone of the hand. Arthroscopic method of treatment using a collagen membrane	Dimitri Murin	12:33 - 12:45	Use of the hamstring to repair PLT instability - new method	Krzysztof Hermanowicz	12:27 - 12:38	Arthroscopic reconstructions and difficult repairs that can be performed, but when and if it is worth it	Jacek Mazek, Maciej Gnatowski, Robert Sankowski, Jakub Dzlurzynski
12:40 - 12:55	Arthroscopy of the shoulder joint in rheumatoid arthritis: what is important to know?	Maxim Makarov	12:45 - 13:00	Discussion		12:38 - 12:49	External and internal snapping hip - arthroscopic treatment, the secret of success	Marcin Mostowy
12:55 - 13:10	Discussion					12:49 - 13:00	Discussion	
13:00	Congress Ending							